



# SNAPS SA COALITION SUMMER NEWSLETTER

**July is National UV Safety Month. Don't forget to use sun screen when spending time outside.**  
**August is National Family Month.**

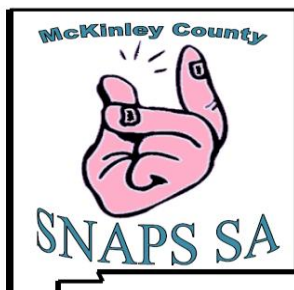
## Summer Newsletter Important Dates

Independence Day-July 4th

School Policy Meeting- 2<sup>nd</sup>  
Tuesday of the Month at 10am

SNAPS SA Monthly Meeting-  
2<sup>nd</sup> Wednesday of the Month  
at 2pm

We hope to see you at our meetings. Please contact Stacey @ 726-8249 or [sthompson@co.mckinley.nm.us](mailto:sthompson@co.mckinley.nm.us) for additional information



## Have you heard of SNAPS SA?

The McKinley County Strategic Network of Advocates for the Prevention of Suicide and Substance Abuse (SNAPS SA) Coalition is exploring new ways to inform youth, parents, elders and the community about the dangers and consequences of substance use and abuse. The mission of SNAPS SA is to serve as a multi-agency coalition to reduce the risks of substance use for all youth in McKinley County. SNAPS SA has two primary goals to prevent underage drinking and prevent prescription drug misuse and abuse. The SNAPS SA Coalition has coordinated with area schools, law enforcement, civic groups, state/tribal/local governments, healthcare professionals, prevention programs, treatment programs, religious organizations, and youth serving organizations.

The SNAPS SA Coalition has identified five subcommittees to work on a scope of work which includes policy recommendations for schools, advocating and coordination for stronger enforcement of all existing drug related laws for youth and adults, educating businesses on Tobacco and Alcohol Sales, participating in community events to disseminate and educate parents and elders on the Prescription Drug Abuse Handbook, and working with area pharmacies to share information with customers about the danger of prescription abuse, proper storage, disposal, and the dangers of sharing prescription opioids with their customers.

## Safeguard your Medication

- Secure your prescriptions
- Monitor
- Dispose of medications you no longer take



## Prevention Services Available

JSACC has a Case Management Program that has a component made up of longer term services based upon assessing the needs of client and client's family. When appropriate, the Case Manager will arrange, coordinate, monitor, evaluate and advocate for a package of multiple services to meet the client's complex needs. The DWI Program has a Prevention component that participates in community activities and conducts presentations. The DWI Program Prevention focuses on DWI penalties, DWI simulations, negative effects of alcohol and substance abuse (physically and mentally), and underage drinking. Both programs have staffs that are certified in Botvin Life Skills, Project Venture, and Girls Circle.



## Prevention in Middle School

SNAPS SA collaborates with different agencies throughout McKinley County to focus on prevention efforts for youth, parents and elders in the community. Entities such as the DWI Program and JSACC Program have continued to work along SNAPS SA to provide services to youth to deter them from using alcohol and drugs. Both the DWI Program and JSACC Program have taken their programs into two local middle schools to provide early prevention by providing the Botvin Life Skill Curriculum to all 6<sup>th</sup> graders.

Often times, we hear "Intervene with kids when their younger, [before they use alcohol or drugs]". The Botvin Life Skill Curriculum teaches students about making decisions, communication and social skills, drug abuse and violence, media influence, coping with anxiety and anger, assertiveness and resolving conflict and lastly resisting peer pressure. The early education and prevention aims to give these young students a chance to understand the consequences of using alcohol and drugs. Together we can influence the lives and delay the onset of drinking at a young age.

If you are interested in preventing underage drinking and prescription drug misuse and abuse, ask us how you can become involved. Contact Stacey Thompson, SNAPS SA Coordinator at 505-726-8249 or at [sthompson@co.mckinley.nm.us](mailto:sthompson@co.mckinley.nm.us)