

Underage Drinking

Approximately 5,000 young people under the age of 21 died every year due to underage drinking.



Any Alcohol consumed by a minor is considered excessive drinking. Not only does underage drinking effect the body and brain, it also comes with some hefty consequences.

EFFECTS ON THE BODY

Both boys and girls go through hormonal changes AKA puberty. Drinking alcohol at a young age distresses the hormone balance and can affect the maturation and

development of the organs and reproductive system.

Adolescence brains are still maturing and developing that and adding alcohol to the mix complicates things. Drinking alcohol alters the levels of neurotransmitters in the brain it slows down the neurotransmitter GABA, which causes the sluggish movement, slurred speech, and slower reaction time while speeding up a neurotransmitter called glutamate, which is responsible for regulating dopamine in the brain's reward center.

LEGAL CONSEQUENCES

Fines for Minor in Possession

- 1st offense- A maximum fine of \$1000
- 2nd offense- minimum fine of \$1000 and 90 day suspension of license,
- 3rd offense- \$1000 in fines, 2 yr. suspension, and 60 hrs. of community service.

WHAT PARENTS CAN DO

- Ask your kids questions.
- Help teens plan alcohol free events
- Don't let your teen attend parties where no responsible adults are present.
- Get other parents onboard
- Don't provide alcohol to anyone under 21- it's against the law.
- Lock up your Liquor!



DID YOU KNOW?

It is a 4th degree felony to serve, provision, or distribute alcohol to a minor. Doing so can result in fines up to \$5000 and/or up to 18 months in prison.

For more information contact
SNAPS SA Coalition 505-726-8249