

Do you Prescribe Medications to Treat Opioid & Alcohol Use Disorders?



The 5-Actions Program™ can be used in combination with addiction medications to support and enhance your patients' treatment efforts.

This program is free, funded by New Mexico Human Services Department, Behavioral Health Services Division.

Program comes with free, 24/7 phone support.

Simply refer your patients to:
www.nm5actions.com

The 5-Actions Program™ is a self-guided roadmap for those struggling with addiction:



Addresses alcohol, other drugs, and behavioral addictions (gambling, sex, food)



Includes over 6 hours of video to understand and address addiction



Builds upon evidence-based theories of change: Contextual Model & Self-Determination Theory



Provides COVID-specific resources for those struggling with addictive behaviors



The 5-Actions Program™ is not a substitute for professional or expert treatment. It does not provide medical advice, clinical diagnoses, or replace care from a licensed clinician. The Program is not a specific treatment or intervention.